

Dear Residents and Families,

This week, we celebrate our beloved nurses as May 6th marks the beginning of National Nurses week. Many of life's biggest moments start and end with a nurse – and we don't take that lightly around here. We want to recognize those women and men who dedicate their time and commit their lives to our safety and well-being. Now more than ever, we recognize their bravery in doing what they do best. We want to acknowledge their commitment and expertise, as well as the care and compassion that goes into this often rewarding, but sometimes challenging field. To our superheroes in scrubs - we see you, we thank you, we're constantly praying for you, and we love you.

As we continue to share updates with you, we want to assure you that we are following the guidelines from the Centers for Disease Control and Prevention (CDC), as well as all local health departments. Our utmost priority is to always ensure the safety and happiness of all those who inhabit our communities. We remain committed to you, your loved ones, and all of our team members during this time. We thank you for choosing and trusting Thrive!

Last week, Thrive Founder, Jeramy Ragsdale, and Thrive President, Les Strech, provided a weekly message to families via video. As promised, we have our second video to share with you. Please visit: [ThriveSL.com/Frederica/Family](https://ThriveSL.com/Frederica/Family) to watch it. Our intent is to continue to provide a weekly video from Jeramy and Les over the next few weeks to give you greater insight to how we are managing the COVID-19 situation in our communities.

Even in these challenging times, there are many things, and even more-so, many people, to celebrate! May 1st marked the first day of Older Americans Month – a national observance led by the Administration for Community Living. The intent is to encourage and celebrate the countless contributions older adults make to our communities and our lives. Given the major impact COVID-19 is having on America's older adult population, we believe it's even more important to recognize and honor our seniors. The theme for 2020's observance is "Make Your Mark" – highlighting the differences everyone can make in the lives of older adults to help strengthen our communities. We have also added our own theme to this national event dubbed "Thrive Every Day." This is a centering statement for our communities during these complicated times, and it is at the core of who we are and how we want our residents and team members to live each day. Be on the lookout for more information throughout the month!

The celebrations don't stop there – this Sunday is the day we celebrate the women who help make our world go 'round. Yes, we're talking about Mother's Day - and although this year's celebration may look different from years in the past, we could not let Mother's Day come and go without making it as special as possible for the wonderful women in our community, as well as amongst our extended Thrive family. Each community has set forth different initiatives to make the Moms feel extra special. Whether it is with tangibles or pampering, even extra sweet treats in some cases – we want to be sure this is still an unforgettable holiday for our beloved ladies!

Wishing all the mothers out there a very Happy Mother's Day.

Be well,  
Tammy L. Marshall  
Chief Experience Officer  
Thrive Senior Living

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